

# Gillie-Crabbing



## Enjoy

**Catching crabs by line (also called Gillie-crabbing) is a fun family pastime that gets you up close and personal with one of nature's most fascinating creatures. Here's how to do it:**

1. Assemble your kit; you will need a bucket filled with seawater (**not tap water**), a piece of string/line, a weight, and some bait (try mackerel or bacon!)
2. Tie the bait to the end of your string/line, with the weight just above
3. Lower to the bottom of the seabed...and wait. When you feel a tug, pull up (slowly)
4. Carefully place any crabs you catch into your bucket (handling from the back, to avoid the pinchy bits at the front!)

## Respect

- Once you've finished Gillie-crabbing, make sure you return your kit or take it home

## Protect

- Refrain from using nets and hooks
- Minimise the number of crabs in your bucket at any one time, so that each crab has some space
- Be sure to return crabs to their natural habitat after a few minutes



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For more information, visit: [www.visitnorfolk.co.uk](http://www.visitnorfolk.co.uk) (search "crabbing")